



TEMESCAL CANYON TITANS

PRE-PARTICIPATION ATHLETIC PHYSICALS

When: Saturday, May 20, 2017

Where: Lakeside High School Gym

Time: 7:30-9:30 am.

Cost: \$30 Cash – No checks

Why: To participate in summer athletic activities for any sport you must complete the TCHS athletic clearance packet. Each student-athlete is required by the state of California to have a physical exam every year. The May 20 physical clears the student for participation for the entire upcoming school year for all activities and athletic teams.

**** Along with fulfilling your clearance requirement, the physicals serve as a fundraiser for our athletic training department. All fees are donated back to TCHS athletic training program by the physicians.**

CLEARANCE PACKETS: Clearance packets will be available the day of the physicals. They may also be downloaded from the TCHS website: <http://tch.leusd.k12.ca.us/>