

Temescal Canyon High School  
Aquatics Program Code of Conduct

**Mission Statement**

The mission of Temescal Canyon High School's Aquatics Program is to create an educational and competitive experience within the atmosphere of sportsmanship. We strive to develop and realize individual and team potential by promoting high standards of competence, character, civility, and sportsmanship.

**Philosophy**

Temescal Canyon High School Aquatics Program seeks to provide a comprehensive water polo and swimming program that teaches athletes the fundamental water polo and swimming skills, discipline, and team work. We believe that participation in sports can provide the opportunity for personal growth. Our program offers the opportunity to experience the challenges of team work, the mental and physical challenges of training and competition, and the development of good character in accordance with CIF's *Victory with Honor* program. We also understand that participation on an athletic team demands commitment, dedication, and sacrifice. This is required of not only the student-athlete and their families, but also of the coaches.

**I. Eligibility**

- a. Students must maintain a 2.0 grade point average in the prior grading period to try-out and participate on the team.
- b. A 2.0 grade point average must be maintained during the season of sport.
- c. Parents and team members must sign the team contract and abide by the rules of the team.
- d. Each student must have a physical on file in the Athletic Director's office.
- e. Each student must not have a medical condition that would inhibit their practice or play.
  - i. This includes injuries or illness acquired during the season.
  - ii. Injuries or illness may result in removal or limited playing time upon the coach's and athletic trainer's discretion.

**II. Practice**

- a. All team members are required to attend all practice sessions. (This includes morning practice, 6<sup>th</sup> Period Athletics, and after school)
  - i. Considerations for religious reasons will be given; however, members are expected to make-up missed training when they return.
- b. Members are required to have the appropriate attire for all practice and training sessions. The Titans Aquatics Program does loan out all the necessary equipment.
  - i. *Swimsuit* and goggles for water sessions.

- ii. Shorts or warm-ups, t-shirt, and athletic shoes for weight training and dry-land sessions.
    - 1. Slip-ons, slippers, Uggs, and moccasins, and sandals are not acceptable.
- c. Missed practices due to serious injury, illness, or family emergency will be excused by a note from the doctor or parent.
  - i. Athletes are encouraged to see the athletic trainer for evaluation and treatment. If the student sees the doctor and receives a note limiting or restricting practice, the coach must then be given a note releasing the student for athletic activity. Notes from a chiropractor will not be accepted.
- d. Attendance at practice is required to play, regardless of student's ability.
  - i. Excessive absences from practice will result in restricted playing time and possible removal from the team.
  - ii. Advanced notice must be given to the coach prior to any absence.
  - iii. Parents must call the school and leave a message or send an email to the coach.
    - 1. Only use coach's cell phone number in case of emergency.
  - iv. Notes written by students or verbal messages given to other students are not acceptable.
  - v. Failure to participate during 6<sup>th</sup> Period Athletics (non-suits) will negatively impact the student's P.E. grade.
- e. If a team member misses practice the day before a competition, it is upon the coach if he/she will not compete unless prior permission was given by the coach.
- f. If the team member is unprepared or is not performing to the expectations set forth for the team, the team member may experience restricted playing time.
- g. Please plan family vacations outside of the season of sport. If your family is going on vacation, you must notify the coach one month prior to the actual vacation dates.
  - i. It is upon the discretion of the coach whether or not members will participate due to excessive absences missed for any reason.
- h. Discipline issues at school, school functions, or during team functions will not be tolerated, and may be grounds for removal from the team.
  - i. Students are expected to follow all school rules presented in the Student Handbook and all Lake Elsinore Unified School District policies.
- i. Practice schedules are subject to change due to pool availability, environmental conditions, and game schedules.
  - i. Athletes will be informed at school of any changes in the schedule.
  - ii. Email notification will be sent to parents via the booster club president.
    - 1. Only coaches, school administration, and booster club officers are authorized to send out official information regarding the team.

### III. Competitions

- a. Playing time is at the discretion of the coaching staff.
- b. Members are not allowed to miss any competition as it penalizes the team.
  - i. Competitions missed due to serious injury, illness, or family emergency will be excused by a note from the doctor or parent.

- ii. Team members must travel to and from competitions on district approved transportation during the school week.
  - 1. Parents must sign a **Student Excursion and Transportation Agreement** in order to take the student home in a private vehicle.
    - a. You may only take your son or daughter.
- c. Students should not have any other activities that conflict with games or practices.
  - i. Considerations for religious reasons will be given.
- d. Placement on a varsity team is determined by ability, commitment, team dynamic, position, or event.
  - i. The coaching staff has final discretion over placement on Frosh/Soph, Junior Varsity, and Varsity teams.
- e. Parents may not approach the coaching staff or team area during the competition for any reason.
  - i. Failure to adhere to this rule may result in removal from program.

#### **IV. Suspension or Removal From the Team**

- a. The following may result in removal from the team upon the coach's or school administration's discretion:
  - i. Failure to maintain the minimum grade standards.
  - ii. Poor attendance at school, practice, or competitions.
  - iii. Dishonesty
  - iv. Violating school rules
  - v. Violating the Student-Athlete Code of Conduct
  - vi. Possession or use of alcohol, tobacco, drugs, or performance enhancing substances
  - vii. Vandalism
  - viii. Theft
  - ix. Excessive non-suits
  - x. Excessive absences or tardies from practice or a missed competition.
  - xi. Fighting
  - xii. Excessive detentions
  - xiii. Suspension from school (Off-campus or in-house)
- b. Any conflicts among members or parents are to be handled immediately and resolved by the coach and the parties involved.
  - i. If the situation cannot be resolved, then the school administration will be asked to resolve the situation.
- c. The coach will make the final decision as to if a team member needs to be removed from the team due to any conflict with members inside our team.

#### **V. Student-Athlete Code of Conduct- Victory with Honor**

- a. Trustworthiness- be worthy of trust in all you do.
  - i. Integrity- live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.

- ii. Honesty- live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.
      - iii. Reliability- fulfill commitments; do what you say you will do; be on time to practices and games.
      - iv. Loyalty- be loyal to your school and team; put the team above personal glory.
- b. Respect- treat all people with respect all the time and require the same of your teammates.
  - i. Class- live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show respect in pre-game and post-game rituals.
  - ii. Disrespectful conduct- don't engage in disrespectful conduct of any sort including profanity, obscene gestures, spitting at an opponent, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
  - iii. Respect Officials- treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.
- c. Responsibility
  - i. Be a student first-be honest with yourself about the likelihood of an athletic scholarship and remember that universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.
  - ii. Role- Modeling- participation in sports is a privilege not a right and that you are expected to represent your school, coach, and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. Suspension or termination of the participation privilege is within the discretion of the coaching staff and the school administration.
  - iii. Self-Control- exercise self-control; don't fight or retaliate.
  - iv. Healthy Lifestyle- safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco, drugs, or steroids or engage in any unhealthy techniques to gain, lose, or maintain weight.
  - v. Integrity of the Game- protect the integrity of the game
- d. Fairness
  - i. Be fair- live up to high standards of fair play; be open-minded; always be willing to listen and learn.
- e. Caring
  - i. Concern for Others- demonstrate concern for others; never intentionally injure another player or engage in reckless behavior that might cause injury to myself and others.
- f. Citizenship
  - i. Play by the Rules
  - ii. Spirit of the Rules- honor the spirit of the rules

**Temescal Canyon Aquatics Program**  
**Member Information and Agreement**

Member Name \_\_\_\_\_

Sport(s) \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Student's Cell \_\_\_\_\_ Parent's Cell \_\_\_\_\_

Parent's Email \_\_\_\_\_

Grade Level (2016-17) \_\_\_\_\_

**We have read the standards and conduct information and agree to the conditions. I give my permission for my child to belong to the Aquatics Program and agree to the time commitment. We understand that being a member of the swim or water polo team is an extracurricular activity, which will require extra time and responsibility by both the parent/guardian and team member.**

Student Name (Print) \_\_\_\_\_ Student Signature \_\_\_\_\_

Parent Name (Print) \_\_\_\_\_ Parent Signature \_\_\_\_\_